

PLAYER EXPECTATIONS

BY GENDER AND TEAM



MANITOU F.C.

2021-2022 BLACK LEVEL

Player Expectations by Gender & Team

MANITOU F.C. BLACK LEVEL / 2021-2022 SEASON

It is important that players and parents have an understanding of the expectations that participation on a Manitou FC Black Level Team requires. The following age group overviews have been developed to provide as much information as possible so that families can plan accordingly. Manitou FC supports multi-sport athletes and asks that any athlete having such conflicts, especially during the winter season training program, communicate directly with your team's coach to coordinate schedules and attendance.

If you have any questions about the player expectations or would like further clarification about age group programming, please send an email to Edi Buro, Manitou FC Sporting Director, at SportingDirector@manitoufc.org or Mike Witt, Manitou FC Boys & Girls Competitive Coordinator CompDirector@manitoufc.org.

AREA	FUTURE MANITOU'S U9-U10 BOYS & GIRLS ACADEMY
Training & Competition	F — Train 3x's per week Tournaments + Futbol Fridays
	W — Train 2-3x's per week + Supplemental Club Training
	S — Train 3x's per week + Tournaments + Futbol Fridays
League Play	Tournaments + Scrimmages
Tournaments	<u>Fall</u> : NSC Fall Cup, Eagan Wave Tournament <u>Spring/Summer</u> : NSC Kick Off, Future Stars, NSC Memorial, NSC All American, Mega Cup, US Cup
Communication	Parent to Coach

AREA	U9/U10 BOYS - BY 2012/2013	U9/U10 GIRLS - BY 2012/1013
Training & Competition	F — Train 2x's per week + Games (6)	F — Train 2x's per week + Games (6)
	W — Training Academy	W — Training Academy
	S — Train 2x's per week + Games (6)	S — Train 2-3x's per week + Games (6)
League Play	TCSL	TCSL
Tournaments	2-3 MN Events	2-3 MN Events
Communication	Parent to Coach	Parent to Coach

KEY: F = FALL W = WINTER S = SUMMER

AREA	U11 BOYS - BY 2011	U11 GIRLS - BY 2011
Training & Competition	F – Train 2x's per week + Games	F – Train 2x's per week + Games
	W – Train 1x's per week + Training Academy	W – Train 1x's per week + Training Academy
	S – Train 2x's per week + Games	S – Train 2x's per week + Games
League Play	TCSL / MYSA	TCSL / MYSA
Tournaments	<u>Fall</u> : NSC Fall Cup <u>Spring/Summer</u> : 2-3 MN Events	<u>Fall</u> : NSC Fall Cup <u>Spring/Summer</u> : 2-3 MN Events
Communication	Parent to Coach	Parent to Coach

AREA	U12 BOYS - BY 2010	U12 GIRLS - BY 2010
Training & Competition	F – Train 2x's per week + Games	F – Train 2x's per week + Games
	W – Train 1x's per week + Training Academy	W – Train 1x's per week + Training Academy
	S – Train 2x's per week + Games	S – Train 2x's per week + Games
League Play	TCSL / MYSA	TCSL / MYSA
Tournaments	<u>Fall</u> : NSC Fall Cup <u>Spring/Summer</u> : 2-3 MN Events	<u>Fall</u> : NSC Fall Cup <u>Spring/Summer</u> : 2-3 MN Events
Communication	Parent to Coach	Parent to Coach

AREA	U13 BOYS - BY 2009	U13 GIRLS - BY 2009
Training & Competition	F – Train 2x's per week + Games	F – Train 2x's per week + Games
	W – Train 1x's per week + Training Academy	W – Train 1x's per week + Training Academy
	S – Train 2x's per week + Games	S – Train 2x's per week + Games
League Play	TCSL / MYSA	TCSL / MYSA
Tournaments	<u>Fall</u> : NSC Fall Cup <u>Spring/Summer</u> : 2-3 MN Events	<u>Fall</u> : NSC Fall Cup <u>Spring/Summer</u> : 2-3 MN Events
Communication	Parent to Coach	Parent to Coach

KEY: F = FALL W = WINTER S = SUMMER

AREA	U14 BOYS - BY 2008	U14 GIRLS - BY 2008
Training & Competition	F – Train 2x's per week + Games	F – Train 2x's per week + Games
	W – Train 1x's per week + Training Academy	W – Train 1x's per week + Training Academy
	S – Train 2x's per week + Games	S – Train 2x's per week + Games
League Play	TCSL / MYSA	TCSL / MYSA
Tournaments	<u>Fall</u> : NSC Fall Cup <u>Spring/Summer</u> : 2-3 MN Events	<u>Fall</u> : NSC Fall Cup <u>Spring/Summer</u> : 2-3 MN Events
Communication	Parent to Coach	Parent to Coach

AREA	U15 BOYS - BY 2007	U15 GIRLS - BY 2007
Training & Competition	F – Train 2x's per week + Games	F – Train 2x's per week + Games
	W – Train 1x's per week + Training Academy	W – Train 1x's per week + Training Academy
	S – Train 2x's per week + Games	S – Train 2x's per week + Games
League Play	TCSL / MYSA	TCSL / MYSA
Tournaments	<u>Spring/Summer</u> : 2-3 MN Events	<u>Spring/Summer</u> : 2-3 MN Events
Communication	Parent to Coach	Parent to Coach

AREA	U16 BOYS - BY 2006	U16 GIRLS - BY 2006
Training & Competition	F – Train 2x's per week + Games	F – Train 2x's per week + Games
	W – Train 1x's per week + Training Academy	W – Train 1x's per week + Training Academy
	S – Train 2x's per week + Games	S – Train 2x's per week + Games
League Play	TCSL / MYSA	TCSL / MYSA
Tournaments	<u>Spring/Summer</u> : 2-3 MN Events	<u>Spring/Summer</u> : 2-3 MN Events
Communication	Parent to Coach	Parent to Coach

KEY: F = FALL W = WINTER S = SUMMER

AREA	U17 BOYS - BY 2005	U17 GIRLS - BY 2005
Training & Competition	F – Train 2x's per week + Games	F – Train 2x's per week + Games
	W – Train 1x's per week + Training Academy	W – Train 1x's per week + Training Academy
	S – Train 2x's per week + Games	S – Train 2x's per week + Games
League Play	TCSL / MYSA	TCSL / MYSA
Tournaments	<u>Spring/Summer</u> : 2-3 MN Events	<u>Spring/Summer</u> : 2-3 MN Events
Communication	Parent to Coach	Parent to Coach

AREA	U18 BOYS - BY 2004	U18 GIRLS - BY 2004
Training & Competition	F – Train 2x's per week + Games	F – Train 2x's per week + Games
	W – Train 1x's per week + Training Academy	W – Train 1x's per week + Training Academy
	S – Train 2x's per week + Games	S – Train 2x's per week + Games
League Play	TCSL / MYSA	TCSL / MYSA
Tournaments	<u>Spring/Summer</u> : 2-3 MN Events	<u>Spring/Summer</u> : 2-3 MN Events
Communication	Parent to Coach	Parent to Coach

KEY: **F** = FALL **W** = WINTER **S** = SUMMER