

Player Expectations by Gender and Team

Season 2022/2023

It is important that players and parents have an understanding of the expectations that participation on a Manitou FC team requires. The following age group overviews have been developed to provide as much information as possible so that families can plan accordingly. Manitou FC supports multi-sport athletes and asks that any athlete having such conflicts, especially during the winter season training program, communicate directly with your team's coach to coordinate schedules and attendance.

If you have any questions about the player expectations or would like further clarification about age group programming, please send an email to Edi Buro, Manitou FC Sporting Director, at Sportingdirector@manitoufc.org or Mike Witt, Manitou FC Boys & Girls Competitive Coordinator at comp.director.wbsc@gmail.com.

Orange		
Area	U11 Boys -- BY 2012	U11 Girls -- BY 2012
Training & Competition	F -- Train 3x's per week + Games	F -- Train 3x's per week + Games
	W -- Train 2-3x's per week + Futsal or NSC League	W -- Train 2-3x's per week + Futsal or NSC League
	S -- Train 3x's per week + Games	S -- Train 3x's per week + Games
League Play	TCSL - National	TCSL - National
Tournaments	NSC Fall Cup - TCSL Fall Cup – St. Louis Fall Classic NSC Spring Cup – May Event TBD NSC All American – USA Cup	NSC Fall Cup - TCSL Fall Cup – St. Louis Fall Classic NSC Spring Cup – May Event TBD NSC All American – USA Cup
Communication	Parent to Coach	Parent to Coach
Key: F = Fall W = Winter S = Summer		

Orange		
Area	U12 Boys -- BY 2011	U12 Girls -- BY 2011
Training & Competition	F -- Train 3x's per week + Games	F -- Train 3x's per week + Games
	W ^T -- Train 3x's per week	W ^T -- Train 3x's per week
	W ^C -- Futsal, TCSL and/or NSC League	W ^C -- Futsal, TCSL and/ or NSC League
	S -- Train 3x's per week + Games	S -- Train 3x's per week + Games
League Play	TCSL - National	TCSL - National
Tournaments	NSC Fall Cup – TCSL Fall Cup – St. Louis Fall Classic KC Emerald Cup (KS) – NSC Spring Cup NSC All American – USA Cup	NSC Fall Cup – TCSL Fall Cup – St. Louis Fall Classic KC Emerald Cup (KS) – NSC Spring Cup NSC All American – USA Cup
Communication	Parent to Coach	Parent to Coach
Key: F = Fall W = Winter S = Summer		

Orange		
Area	U13 Boys -- BY 2010	U13 Girls -- BY 2010
Training & Competition	F -- Train 3x's per week + Games	F -- Train 3x's per week + Games
	WT -- Train 3x's per week	WT -- Train 3x's per week
	WC -- Twin Cities NPL	WC -- Twin Cities NPL
	S -- Train 3x's per week + Games	S -- Train 3x's per week + Games
League Play	TCSL - National Premier League	TCSL - National Premier League
Tournaments	TCSL Fall Cup – NSC Fall Cup – St. Louis Fall Classic KC Emerald Cup (KS) – NSC Spring Cup MYSA State Cup* – TCSL State Cup* – USA Cup	TCSL Fall Cup – NSC Fall Cup – St. Louis Fall Classic KC Emerald Cup (KS) – NSC Spring Cup MYSA State Cup* – TCSL State Cup* – USA Cup
Communication	Parent to Coach	Parent to Coach
Key: F = Fall W = Winter S = Summer * = Qualifier for Regional		

Orange		
Area	U14 Boys -- BY 2009	U14 Girls -- BY 2009
Training & Competition	F -- Train 3x's per week + Games	F -- Train 3x's per week + Games
	WT -- Train 3x's per week + Strength Training	WT -- Train 3x's per week + Strength Training
	WC -- Twin Cities NPL + Tournaments	WC -- Twin Cities NPL + Tournaments
	S -- Train 3x's per week + Games	S -- Train 3x's per week + Games
League Play	TCSL – National Premier League	TCSL – National Premier League
Tournaments	TCSL Fall Cup – NSC Fall Cup – St. Louis Fall Classic President's Day Cup (AZ) – KC Emerald Cup MYSA State Cup* – TCSL State Cup* – USA Cup	TCSL Fall Cup – NSC Fall Cup – St. Louis Fall Classic President's Day Cup (AZ) – KC Emerald Cup MYSA State Cup* – TCSL State Cup* – USA Cup
Communication	Parent and Player to Coach	Parent and Player to Coach
Key: F = Fall W = Winter WT = Winter Training WC = Winter Competition S = Summer * = Qualifier for Regional		

Orange		
Area	U15 Boys -- BY 2008	U15 Girls -- BY 2008
Training & Competition	F -- High School (8 th Grade eligible for Fall)	F -- High School (8 th Grade eligible for Fall)
	WT -- Train 3x's per week + Strength Training	WT -- Train 3x's per week + Strength Training
	WC -- TCSL League	WC -- TCSL Winter League
	S -- Train 3x's per week pending game schedule	S -- Train 3x's per week pending game schedule
League Play	TCSL - National Premier League	TCSL - National Premier League
Tournaments	TCSL State Cup* -- MYSA State Cup* President's Day Cup (AZ) -- SLSG Showcase (MO) Crossroads (IN) -- USA Cup	TCSL State Cup* -- MYSA State Cup* President's Day Cup (AZ) -- SLSG Showcase (MO) Crossroads (IN) -- USA Cup
Communication	Player or Parent to Coach	Player or Parent to Coach
Key: F = Fall W = Winter WT = Winter Training WC = Winter Competition S = Summer * = Qualifier for Regional		

Orange		
Area	U16 Boys -- BY 2007	U16 Girls -- BY 2007
Training & Competition	F -- High School	F -- High School
	WT -- Train 3x's per week + Strength Training	WT -- Train 3x's per week + Strength Training
	WC -- TCSL League	WC -- TCSL League
	S -- Train 3x's per week pending game schedule	S -- Train 3x's per week pending game schedule
League Play	TCSL - National Premier League	TCSL - National Premier League
Tournaments	TCSL State Cup* -- MYSA State Cup* SSM Showcase -- President's Day Cup (AZ) SLSG Showcase (MO) -- Crossroads (IN) -- USA Cup	CASL Showcase (NC) -- Eclipse Showcase Players Showcase (NV) -- Dallas International Cup TCSL State Cup* -- MYSA State Cup* -- USA Cup
Communication	Player to Coach	Player to Coach
Key: F = Fall W = Winter WT = Winter Training WC = Winter Competition S = Summer * = Qualifier for Regional		

Orange		
Area	U17 Boys -- BY 2006	U17 Girls -- BY 2006
Training & Competition	F -- High School	F -- High School
	WT -- Train 3x's per week + Strength Training	WT -- Train 3x's per week + Strength Training
	WC -- TCSL Winter League U18/19	WC -- NPL or TCSL Winter League U18/19
	S -- Train 3x's per week pending game schedule	S -- Train 3x's per week pending game schedule
League Play	TCSL - National Premier League	TCSL - National Premier League
Tournaments	Disney Showcase (FL) – SSM Showcase Players Showcase (NV) – Dallas Cup TCSL State Cup* – MYSA State Cup*	CASL Showcase (NC) – Eclipse Showcase Players Showcase (NV) – Dallas International Cup TCSL State Cup* – MYSA State Cup*
Communication	Player to Coach	Player to Coach
Key: F = Fall W = Winter WT = Winter Training WC = Winter Competition S = Summer * = Qualifier for Regional		

Orange		
Area	U18 Boys -- BY 2005	U18 Girls – BY 2005
Training & Competition	F -- High School	F -- High School
	WT -- Train 3x's per week + Strength Training	WT -- Train 3x's per week + Strength Training
	WC -- TCSL Winter League	WC -- TCSL Winter League
	S -- Train 3x's per week pending game schedule	S -- Train 3x's per week pending game schedule
League Play	TCSL - National Premier League	TCSL - National Premier League
Tournaments	CASL Showcase (NC) – Disney Showcase (FL) SSM Showcase – Dallas Cup (TX) TCSL State Cup* – MYSA State Cup*	CASL Showcase (NC) – Eclipse Showcase Players Showcase (NV) – Dallas International Cup TCSL State Cup* – MYSA State Cup*
Communication	Player to Coach	Player to Coach
Key: F = Fall W = Winter WT = Winter Training WC = Winter Competition S = Summer * = Qualifier for Regional		

Orange

Area	U19Boys -- BY 2004	U19 Girls – BY 2004
Training & Competition	F -- High School	F -- High School
	WT -- Train 3x's per week + Strength Training	WT -- Train 3x's per week + Strength Training
	WC -- TCSL Winter League	WC -- TCSL Winter League
	S -- Train 3x's per week pending game schedule	S -- Train 3x's per week pending game schedule
League Play	TCSL - National Premier League	TCSL - National Premier League
Tournaments	NSC Showcase - SSM Showcase TCSL State Cup* – MYSA State Cup*	Eclipse Showcase - Salvo Showcase - TCSL State Cup * - MYSA State Cup*
Communication	Player to Coach	Player to Coach
Key: F = Fall W = Winter WT = Winter Training WC = Winter Competition S = Summer * = Qualifier for Regional		